

The Grand Ballroom
Ballroom Dancing
with Andy & Wendy Wong



Thank you very much for purchasing this DVD. We hope you have many enjoyable hours of watching and learning from our teaching. The variations demonstrated and the method by which they are described and taught on this video are exactly what we do in our studio group classes. As such, our DVD collection is one of the most sought after teaching and learning tools in the dance market. We hope you will have an opportunity to learn the other dances in our DVD series.

*Thank you and happy dancing.
Andy & Wendy*



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BEGINNER
FOXTROT

Group 1
Basic Step

Group 2
Basic Step
The Promenade

Group 3
Basic Step
The Promenade
The Side Step

Group 4
Basic Step
The Promenade
Lady's Underarm Turn
The Side Step

Group 5
Basic Step
The Check Step

FOXTROT
STEPLIST