

**The Grand Ballroom
Ballroom Dancing
with Andy & Wendy Wong**



Thank you very much for purchasing this DVD. We hope you have many enjoyable hours of watching and learning from our teaching. The variations demonstrated and the method by which they are described and taught on this video are exactly what we do in our studio group classes. As such, our DVD collection is one of the most sought after teaching and learning tools in the dance market. We hope you will have an opportunity to learn the other dances in our DVD series.

*Thank you and happy dancing,
Andy & Wendy*



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**BRONZE 1 Standard
QUICKSTEP**

Group 1

Basic Quarter Turn
and Progressive Chasse

Group 2

Basic step
Forward Lock Step
Basic steps

Group 3

Basic step
Forward Check Step
Basic step

Group 4

Basic steps
Natural Turn and Hesitation
Reverse Turn
Chasse
Forward lock step

Group 5

Basic steps
The Natural Spin Turn

**QUICKSTEP
STEPLIST**