

BRONZE I Standard WALTZ

Group 1
A review of the standard basic sequence and
application of the 3/8 turn technique.

Closed Change
Natural Turn
Closed Change
Reverse Turn

Group 2
Whisk and Chasse
Natural Turn
Closed Change
Reverse Turn

Group 3
Whisk and Chasse
Natural Turn
Hesitation Change
Reverse Turn

Group 4
Whisk and Chasse
Underturned Natural turn
Outside Change
Natural turn
Hesitation Change
Reverse Turn

Group 5
Whisk and Chasse
Natural spin turn
3 steps of reverse turn
Whisk and Chasse

BRONZE I Standard TANGO

Group 1
The Basic Walk
Rock Turn

Group 2
Two walks
Progressive Link
Closed Promenade

Group 3
Two walks
Progressive Link
Open Promenade
Rock Step

Group 4
Open Reverse Turn

Group 5
Two walks
Progressive Link
Natural Promenade Turn
Rock turn finish

BRONZE I Standard VIENNESE WALTZ

Group 1
The Left Foot Box Step
Side Sway
Reverse Turn

Group 2
The Right Foot Box
The Natural Turn

Group 3
The Forward Change Step
(back for lady)

BRONZE I Standard QUICKSTEP

Group 1
(Basic Step)
Quarter Turn
Progressive Chasse

Group 2
Basic step
Forward Lock Step
Basic step

Group 3
Basic step
Forward Check Step
Basic step

Group 4
Basic step
Natural Turn and Hesitation
Reverse Turn
Chasse
Forward lock step

Group 5
Basic step
Forward lock step
The Natural Spin Turn

TANGO

VIENNESE
WALTZ

QUICKSTEP