

**The Grand Ballroom
Ballroom Dancing
with Andy & Wendy Wong**



Thank you very much for purchasing this DVD. We hope you have many enjoyable hours of watching and learning from our teaching. The variations demonstrated and the method by which they are described and taught on this video are exactly what we do in our studio group classes. As such, our DVD collection is one of the most sought after teaching and learning tools in the dance market. We hope you will have an opportunity to learn the other dances in our DVD series.

*Thank you and happy dancing.
Andy & Wendy*



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**GOLD Latin
RUMBA**

Group 1

Advanced Sliding Door
Opening Out Movement in RH
to RH hold
Semi-circular Walk •
Back Check
Overtuned Spot Turn

Group 2

Forward and Back

Group 3

Advanced Hip Twist
Continuous Hip Twist

Group 4

Advanced Hip Twist
Circular Hip Twist

Group 5

Curl
Lady's Shadow Foot Swivels
Fan

Group 6

Advanced Hip Twist
Zig Zag Hip Twist
Fan

Group 7

Three Alemanas
Opening Out to Right and Left

Group 8

Ronde to Outside Swivel

Group 9

Advanced Leg Turns

**RUMBA
STEPLIST**