

**The Grand Ballroom
Ballroom Dancing
with Andy & Wendy Wong**



Thank you very much for purchasing this DVD. We hope you have many enjoyable hours of watching and learning from our teaching. The variations demonstrated and the method by which they are described and taught on this video are exactly what we do in our studio group classes. As such, our DVD collection is one of the most sought after teaching and learning tools in the dance market. We hope you will have an opportunity to learn the other dances in our DVD series.

*Thank you and happy dancing,
Andy & Wendy*



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**SILVER Standard
QUICKSTEP**

Group 1

Natural Spin Turn
V6

Group 2

V6
Quick Open Reverse Turn
Four Quick Run

Group 3

Natural turn
Back lock
Running Finish

Group 4

Natural Turn & Hesitation
Double Reverse Spin
Chasse to the Right
Back Lock
Running Finish
Forward Lock

Group 5

Natural Spin Turn
Back lock
Six Quick Run

Group 6

Natural Spin Turn
V6 to diagonal centre
Fish Tail

**QUICKSTEP
STEPLIST**