

**The Grand Ballroom
Ballroom Dancing
with Andy & Wendy Wong**



Thank you very much for purchasing this DVD. We hope you have many enjoyable hours of watching and learning from our teaching. The variations demonstrated and the method by which they are described and taught on this video are exactly what we do in our studio group classes. As such, our DVD collection is one of the most sought after teaching and learning tools in the dance market. We hope you will have an opportunity to learn the other dances in our DVD series.

*Thank you and happy dancing,
Andy & Wendy*



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**SILVER Latin
RUMBA**

Group 1

Basic - Fan Development - Hockey Stick - Natural Top with inside turn

Group 2a ••

Natural Top - Advanced Hip Twist

Group 2b

Alemana from fan position - Advanced Hip Twist

Group 3

From Fan position - Sliding Door - Spiral exit to open facing position

Group 4a

Hand to Hand - Aida - Double Spot Turns

Group 4b

Aida - Rock in place - Kiki Walks - Cuban Rock

Group 5a

Alemana from fan position - Kiki Walks - exit to fan position

Group 5b

Alemana from fan position - Kiki Walks - Lady spiral exit to open facing position

Group 6

Hand to Hand - Solo Spirals - Aida - Switch - Counter promenade Walks - Spot Turns for lady and alternatives basics for man

Group 7

RH to RH hold Alemana - Advanced Hip Twist - Semicircular Walks - Back check - Overturned Spot Turn

Group 8a

Basic to fan - Alemana - Rope Spinning - Hand to Hand

Group 8b

Basic to fan - Alemana - Rope Spinning - Advanced Hip Twist - Fan

Group 9

Basic to Fan - Hockey Stick - Three Threes

Group 10a

Alemana from fan position - Kiki Walks - exit to fan position

Group 10b

Opening Out and Closed Hip Twist - Reverse Top - Exit to Aida

**RUMBA
STEPLIST**