

The Grand Ballroom
Ballroom Dancing
with Andy & Wendy Wong



Thank you very much for purchasing this DVD. We hope you have many enjoyable hours of watching and learning from our teaching. The variations demonstrated and the method by which they are described and taught on this video are exactly what we do in our studio group classes. As such, our DVD collection is one of the most sought after teaching and learning tools in the dance market. We hope you will have an opportunity to learn the other dances in our DVD series.

Thank you and happy dancing.
Andy & Wendy



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SILVER Standard
SLOW FOXTROT

Group 1

Review of Bronze Basic Figures

Group 2

Natural Turn

Open Impetus

Weave from Promenade Position

Group 3

Reverse Turn & Check

Basic Weave

Group 4

Change of Direction

Group 5

Reverse Wave

Group 6

Open Telemark

Open Natural Turn

Outside Swivel

Group 7

Top Spin

SLOW FOXTROT
STEPLIST