

**SILVER Standard**  
**WALTZ**

**Group 1**  
Natural turn  
Open Impetus  
Weave from promenade position

**Group 2**  
Natural spin turn  
Open Telemark  
Chasse  
Natural turn

**Group 3a**  
Natural spin turn at corner  
Turning lock  
Natural turn

**Group 3b**  
Natural spin turn at corner  
Turning lock to promenade position  
Chasse

**Group 4**  
Natural spin turn  
Double reverse spin  
Whisk into weave from p.p.

**Group 5**  
Natural spin turn  
Double reverse spin  
Chasse to the right  
Back lock  
Back whisk

**Group 6**  
Natural spin turn  
Double reverse spin  
Open Telemark  
Chasse

**Group 7**  
Whisk  
Wing  
Chasse to the right  
Back lock  
Outside spin  
Turning lock  
Chasse

**Group 8**  
Natural turn  
Hesitation change  
Reverse turn  
Reverse corte  
Outside spin  
Natural turn

**Group 9**  
Basic principles and  
technique of standard dances

**SILVER Standard**  
**QUICKSTEP**

**Group 1**  
Natural Spin Turn  
V6

**Group 2**  
V6  
Quick Open Reverse Turn  
Four Quick Run

**Group 3**  
Natural turn  
Back lock  
Running Finish

**Group 4**  
Natural Turn & Hesitation  
Double Reverse Spin  
Chasse to the Right  
Back Lock  
Running Finish  
Forward Lock

**Group 5**  
Natural Spin Turn  
Back lock  
Six Quick Run

**Group 6**  
Natural Spin Turn  
V6 to diagonal centre  
Fish Tail

**SILVER Standard**  
**SLOW FOXTROT**

**Group 1**  
Review of Bronze Basic Figures

**Group 2**  
Natural Turn  
Open Impetus  
Weave from Promenade Position

**Group 3**  
Reverse Turn & Check  
Basic Weave

**Group 4**  
Change of Direction

**Group 5**  
Reverse Wave

**Group 6**  
Open Telemark  
Open Natural Turn  
Outside Swivel

**Group 7**  
Top Spin

WALTZ

QUICKSTEP

SLOW  
FOXTROT

**SILVER Standard**  
VIENNESE WALTZ

**Group 1**  
Footwork

**Group 2**  
Rise and Fall

**Group 3**  
Lateral Swing vs. Rotation

**Group 4**  
Outside vs. Inside of Turns

**Group 5**  
Alignment of Turns

**Group 6**  
Sway

**Group 7**  
Technique of Natural Turns

**Group 8**  
Technique of Change Steps

**SILVER Standard**  
TANGO

Review of basic steps  
and techniques

**Group 1**  
Walks and Progressive link  
Open Promenade  
Outside Swivel #2  
Promenade Link  
Five Step  
Natural promenade turn with  
rock turn finish

**Group 2**  
Walks and Progressive link  
Open Promenade  
Rock step  
Outside swivel #3  
Promenade link  
Brush tap  
Closed promenade

**Group 3**  
Walks and Progressive link  
Open Promenade  
Outside swivel #2  
Promenade link  
Outside swivel #3  
Promenade link  
Brush tap

**Group 4**  
Walks and Progressive link  
Full Natural Twist Turn  
Closed Promenade

**Group 5**  
Walks and Progressive link  
Back Open Promenade  
Four Step  
Closed Promenade

**Group 6**  
Walks and Progressive link  
Chase  
Chasse  
Whisk  
Promenade link

**Group 6**  
Fallaway Reverse Slip Pivot  
Side & Close & Tap to  
Promenade Position

VIENNESE  
WALTZ

TANGO