



Thank you very much for purchasing this DVD. We hope you have many enjoyable



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SILVER Standard VIENNESE WALTZ

Lesson 1

Footwork

Lesson 2

Rise and Fall

Lesson 3

Lateral Swing vs. Rotation

Lesson 4

Outside vs. Inside of Turns

Lesson 5

Alignment of Turns

Lesson 6

Sway

Lesson 7

Technique of Natural Turns

Lesson 8

Technique of Change Steps

