

**The Grand Ballroom**  
**Ballroom Dancing**  
**with Andy & Wendy Wong**



*Thank you very much for purchasing this DVD. We hope you have many enjoyable hours of watching and learning from our teaching. The variations demonstrated and the method by which they are described and taught on this video are exactly what we do in our studio group classes. As such, our DVD collection is one of the most sought after teaching and learning tools in the dance market. We hope you will have an opportunity to learn the other dances in our DVD series.*

*Thank you and happy dancing,  
Andy & Wendy*



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**SILVER Standard**  
**WALTZ**

**Group 1**

Natural turn  
Open Impetus  
Weave from promenade position

**Group 2**

Natural spin turn  
Open Telemark  
Chasse  
Natural turn

**Group 3a**

Natural spin turn at corner  
Turning lock  
Natural turn

**Group 3b**

Natural spin turn at corner  
Turning lock to promenade position  
Chasse

**Group 4**

Natural spin turn  
Double reverse spin  
Whisk into weave from p.p.

**Group 5**

Natural spin turn  
Double reverse spin  
Chasse to the right  
Back lock  
Back whisk

**Group 6**

Natural spin turn  
Double reverse spin  
Open Telemark  
Chasse

**Group 7**

Whisk  
Wing  
Chasse to the right  
Back lock  
Outside spin  
Turning lock  
Chasse

**Group 8**

Natural turn  
Hesitation change  
Reverse turn  
Reverse corte  
Outside spin  
Natural turn

**Group 9**

Basic principles and  
technique of standard dances

**WALTZ**  
**STEPLIST**