

**The Grand Ballroom
Ballroom Dancing
with Andy & Wendy Wong**



Thank you very much for purchasing this DVD. We hope you have many enjoyable hours of watching and learning from our teaching. The variations demonstrated and the method by which they are described and taught on this video are exactly what we do in our studio group classes. As such, our DVD collection is one of the most sought after teaching and learning tools in the dance market. We hope you will have an opportunity to learn the other dances in our DVD series.

*Thank you and happy dancing,
Andy & Wendy*



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**SILVER Latin
WEST COAST SWING**

Group 1

Swivels with Sugar Push ending

Group 2

Whip and Inside Turn

Group 3

Whip and Outside Turn

Group 4

Whip Return

Group 5

Lock Whip

Group 6

Chicken Walk

Group 7

Opposition Break and Roll In

Group 8

Syncopation

Group 9

Tuck
Hammerlock
Underarm Turn
Right Side Pass

Group 10

Checked Whip

Group 11

Man's Underarm Turn to
Hammerlock to
Right Side Pass

Group 12

Face Loop
Tuck and Spin

Group 13

Underarm Turn with
Man's Hammerlock to
Shoulder Check and Spin

**WEST COAST SWING
STEPLIST**